Emma and Trish

Role Play

Instructions:

Randomly assign a role to each group member. Members are to read the roles and the situation setting. When ready, the Options Consultant should begin the interview using the information recently presented to determine the needs and assess the client's situation. Observers should make note of interviewer's strengths and any suggestions for doing things differently. What is being implicitly communicated by each participant? What needs might Emma and Trish have? Is there an opportunity to do options consulting? Long-term care futures planning?

Roles:

1) Derrick, a 22-year old ADRC Options Counselor
2) Emma, a widowed, 84-year old female living alone
3) Trish, a 62-year old female daughter of Emma
4) Play yourself – an observer
5) Play yourself – an observer

Situation Setting:

Trish and Emma meet with an ADRC options consultant, Derrick, at Trish's request. Trish would like to discuss her mother's current living arrangements and her concerns regarding her judgment. Trish is in good health; however, she has recently divorced from her husband of over 40 years and is frequently short tempered. Trish is concerned that her mother lives alone and feels that it isn't safe for a woman of her age to be alone at night. Trish tells Derrick that her mother needs assistance with preparing meals, shopping, and taking care of her home. She is also worried that her mother is becoming eccentric and is spending a lot of money on the 15 cats she calls her "feline family." Trish tells Derrick of her mother's recent internet purchase of designer Feline Fashion clothing for her cats

which cost over $400. Emma seems very upbeat and social. Emma enjoys her autonomy, loves her cats, and has expressed a preference for privacy – she complains that her daughter is constantly telling her what she should do and frequently opens her mail. Emma is upset that her daughter seems to obsess over how she spends her money. Although Emma has been diagnosed with arthritis she is mobile with a walker and reports that she is in good health. Emma takes 2 prescription medications for pain and frequently uses over-the-counter-herbal remedies.

Suggestions for Beginning the Interview:

- Tell me about your typical day.

- Tell me about your general health.

- Do you take any medications?

- What help do you currently receive?

- What would be most helpful to you right now?

- Do you foresee needing extra help in the future?

- Do you need any kind of home modification such as shower bars or a wheelchair ramp?