

# ADRC-TAE April 25, 2007 Newsletter

**For Aging and Disability Resource Center Grantees and Partners**

**April 25, 2007**

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## April SART Now Open!

The Semi-Annual Reporting Tool (SART) is now open for the reporting period October 1, 2006 - March 31, 2007. Completed reports are due on April 30th.

The [SART Instruction Manual](#) contains instructions for accessing and using the on-line SART and the Excel Entry Tool, and definitions of key terms.

Pilot sites should use [Excel](#)

You must be logged into the [www.adrc-tae.org](http://www.adrc-tae.org) site to access the links in the newsletter. Please contact Sarah Lash at (703) 269-5723 with questions.

### **This Week's Call has been cancelled.**

Schedule conflicts have necessitated a cancellation of Thursday's ad hoc call. The topic was set to be "ADRC Expansion - Selecting New Pilot Sites."

*We will be rescheduling this call for a later date, most likely May 31. Please stay tuned to the newsletter and website for updates.*

## • **Health Promotion Programs Hold Promise of Saving Medicare Money**

Health promotion programs for older people can improve health, prevent disability, delay mortality, improve the quality of life - and save Medicare money by reducing the need for medical services, according to a [new study](#). The study, sponsored by the Centers for Medicare and Medicare Services, is published on April 16 in the journal *Clinical Interventions in Aging* (Dove Medical Press).



According to the new research, health promotion and disease prevention programs are most likely to be successful if they can achieve lasting changes in health-related behaviors. Effective programs also are tailored to individual needs, sufficiently intensive, and complemented by social supports.

CMS sponsored this study as it prepares to launch a three-and-a-half year research project, called **Senior Risk Reduction Demonstration (SRRD)**, that will evaluate the health and economic impact of providing health promotion services to Medicare beneficiaries.

"This project is an important step in changing the

[Entry Tool for April 2007](#) to report about the site's model, budget, staffing, services, and outcomes. State leads should submit one completed Excel Entry Tool for each pilot site.

Please direct questions about the SART to [adrc-tae@lewin.com](mailto:adrc-tae@lewin.com) or call Gilbert Thompson at (703) 269-5752.

Medicare program's focus from disease treatment to disease prevention," said lead author Ron Z. Goetzel, Ph.D., a vice president at Thomson Healthcare and director of the Institute for Health Productivity Studies at Cornell University.

## • ADRC-TAE Website Updates and Additions

In addition to the page indicated, all new resources may be accessed via the home page under the "What's New on ADRC-TAE.org" article or by clicking [here](#).

*If you receive an error message after selecting this link, please log in using your case and space sensitive username and password.*

### **New Counseling Resource:**

- The ["Prepare To Care" Booklet](#) from AARP is now posted. This guide is designed to help caregivers and other family members discuss and create a caregiving plan for oneself or an aging parent, other relative, or close friend or neighbor. Each part of the five step plan includes information on how to get started, questions to ask, and where to find basic resources.

### **New Cultural Competency Resources:**

- A series of resources and links related to cultural competency have now been posted to our ["Quality and Customer Service"](#) page. They include curricula, toolkits, handbooks, and more.

## • Upcoming Events and Dates of Interest

**The April 26th Ad Hoc Call on "ADRC Expansion - Selecting New Pilot Sites" has been cancelled and will be rescheduled.**



### **May 3rd Monthly Call at 2:30 PM EDT**

Topic: Online Medicaid Applications

- Toll Free Number: 1-877-339-0022
- Meeting Number for Phone: \*2783038\*

- GoToMeeting ID #: 876-738-010
- [Register](#) for the online portion of the call.
- Details and resources will be available [on the call page](#).

**May 10th Streamlining Access Peer Workgroup Call at 2:30 PM EDT**

Topic: 2005 Grantee Streamlining Access Consultancy

- Toll Free Number: 1-866-462-0164
- Meeting Number for Phone: \*1129272\*
- GoToMeeting ID #: 544-070-317
- [Register](#) for the online portion of the call.
- Details and resources will be available [on the call page](#).

**May 17th Pilot Sites Peer Workgroup Call at 2:30 PM EDT**

Topic: Serving the Range of Disability Populations

- Toll Free Number: 1-866-462-0164
- Meeting Number for Phone: \*1129272\*
- GoToMeeting ID #: 113-874-983
- [Register](#) for the online portion of the call.
- Details and resources will be available [on the call page](#).

**May 24th Evaluation Peer Workgroup Call at 2:30 PM EDT**

Topic: Evaluating the Cost-Effectiveness of an ADRC

- Toll Free Number: 1-866-462-0164
- Meeting Number for Phone: \*1129272\*
- GoToMeeting ID #: 911-665-626
- [Register](#) for the online portion of the call.
- Details and resources will be available [on the call page](#).

**• July 2007 ADRC National Meeting!**

The next **ADRC National Meeting** of Grantees and Partners will be held July 12 and 13, 2007 at the Wyndham Washington Hotel - soon to be the Westin Washington City Center.

[Current details are available on the National Meeting Page.](#)

[Online Registration is now open!](#)

- **Coming Soon...**

**Legislation and Appropriations Related to ADRCs and Single Points of Entry** - a list of examples of state legislation and budget appropriations supporting ADRCs, single points of entry, and related initiatives. The language may be helpful to grantees in advocating for similar legislative support to sustain ADRCs.

